



ROBERT ADAMS PURE FORM LESSONS™



THE ROBERT ADAMS INSTITUTE



ICL Lesson Student Vol. II

The Original Pure Form Dialogues of Robert Adams

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The Original Discourses of Robert Adams

Primary Precepts

Here we are presented with the fundamental Teaching as relayed through the Robert Adam Dialogues, defining the perimeters of The Teaching as presented extemporaneously through the years by Robert Adams himself. Extracted from the original audio files and videos, these Dialogues focus on primary Topics.

Life Basics

Q: What is death?

A: The shedding of the physical form like a coat.

You are welcomed back into the Eternal.

Q: Is there a life review like in the movies?

A: There is a review of your actions in light of Truth.

It is not a punishment.

You wish to progress. Therefore you simply see from eyes of understanding. Compassion. To the degree that you acted out of delusion, will you see the wiser options that were available at the time. You will see the importance of this.

Q: Is there a melting into the Void? An absence of ego, of our individuality?

A: There is a temporary return to consciousness of the Supreme,



Student Review

Primary Precepts

- 1. Reality is both Personal and Impersonal There is always compassionate Awareness.**
- 2. The animal kingdom abides in the same Consciousness as all life.**
- 3. One can incorporate heart-full dedication during all worldly activities regardless of schedules or limited time.**
- 4. Self Inquiry is a key that opens a door.**
- 5. Life decisions are either a matter of carelessness or discernment.**
- 6. Do not forget to enjoy the wonder of life.**
- 7. The essential observation of true Inquiry reveals what must be rooted out.**
- 8. Accept life with simplicity, gratefulness and humility, moving forward.**

without the limitations, without the density of the earthly experience. However, this is according to your personal evolvment.

There is always compassionate Awareness.

For example, an illumined one may be aware of his loved ones suffering and comfort them. You may be aware of the story of the saint Ramakrishna. Christ returned to comfort and remind of the Truth of life.

Many people imagine that everyone, or those who meditated, are going to disappear into an *impersonal* void. For most people, the consciousness will not be that much different. However, there is Freedom from many constraints.

Q: How?

A: If you were ill, you are no longer ill. If you were fearful, you now see clearly. If you made much effort with no seeming reward, many good deeds, there is fulfillment. Return. Happiness.

Generally, you reside in greater understanding. A greater awareness than on earth. If you have been evolving. Others experience the suffering that they caused others. Therefore focus on progressing now.

All of this is temporal. Eventually, you must complete your evolvment on the plane which is most conducive to you.

Q: Will I see my loved ones?

A: Yes.

Q: How can I best prepare?

A: Live correctly. Understand the nature of the dream. Spread happiness to others.

Q: What about those left behind in grief?

A: Show them compassion. The best thing that you can do for those who have left their physical encasement is to Awaken to the love within. There, there is no separation. No loss. No division. There is no beginning. No end. Only Infinity.

The Physical Body

Q: My first son was ill for five years, and when he got well my second son became ill. Then my brother became ill. What is the bigger reason for this?

A: Yes. You must ask yourself, what purpose will it serve to focus on this? It is understandable that you wish to understand how a compassionate Reality can conceive of such a thing.

And yet the immediate circumstance of such a situation requires unlimited devotion and compassion. And there is your first reason.

The opportunity to fulfill what is required of you with grace and observance. This will provide you with strength. Understanding. Deep Awareness.

There is indeed a connection between those that have been drawn into your life. This is always for an important reason.

First and foremost, remember that you are not this experience. And at the same time, devote yourself completely to responding from your True Nature.

Sometimes past relationships require love, balance,

Cling to the Supernal

similar to a correction, for the evolvment of all concerned. This allows each person to become more loving. Evolving to a higher level.

However, sometimes when people see things this way they begin to see other people as 'lessons' instead of honoring them as Realty. Respecting them.

For this reason, the highest thing that you can do is to raise the consciousness of all concerned by unconditional love and the alleviation of suffering. This is the most important thing. *Cling to the Supernal.*

Q: You return to vegetarianism. Do you emphasize vegetarianism for health or consciousness reasons?

A: For compassion. Your body does not require flesh. It never did. Your body is not a graveyard.

Q: But some monks eat meat.

Q: Yes. There are many traditions. Yet, are you a monk? You inquired as to why I endorse vegetarianism. The brutality and suffering involved is absorbed by your body.

This occurs on many levels. The day will come